

VIEW FROM INSIDE

JAMIE CATTO AND DUNCAN BRIDGEMAN OF 1 GIANT LEAP ON GLOBAL JAMMING

“ When we travelled through all five continents to make our new 1 Giant Leap film and album *What About Me?*, all we took was our little laptop studio and a digital film camera. Our mission was to get our favourite musicians from around the world to sing along or play along with our music.

With Duncan's customised rig, we could set up and record without electricity in diverse locations such as rural African villages, Chinese mountaintops and even the roof of Michael Stipe's apartment in New York. All the musicians could hear our music as they played, sang and jammed along with the other musicians they'd never met who'd recorded their parts in locations they'd never been to. Without the scary red light of

the normal recording studio and with the intimacy of hanging out in their village or home as we worked, it created such a chilled-out atmosphere that the musicians gave us fresh performances and firm friendships were formed even though we often didn't even speak the same language.

As we travelled, we interviewed inspiring thinkers and talkers about the big subjects of life. The music taught us that despite our surface differences, there is so much more that unites us than divides us, and the conversations we enjoyed about sex, God, money, death and love proved just that – there really is unity in diversity. ”

1 Giant Leap's What About Me? project is out on Monday (4DVD, £19.99).

www.1giantleap.tv

